

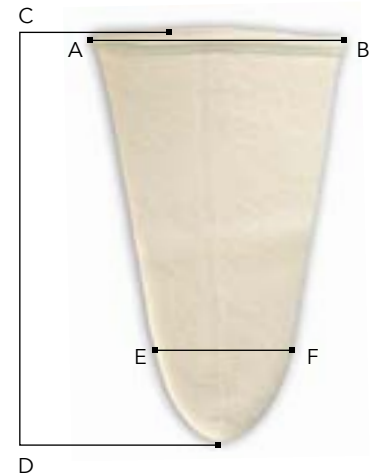
### PROSTHETIC SOCK SIZES

Nearly 90% of the amputees can be correctly fitted with a stock size sock because the knitted construction has a stretch which allows a fitting range. Most prosthetists can judge the needed size by working with the limb and the cast. Nevertheless, some measurement guidelines can be helpful.

First, measure the limb circumference at the top of the socket; second, measure the toe limb circumference 2 inches from the distal end; third, measure from the distal end to the top of the socket. The length of the sock should be 2 to 4 inches more than this measurement depending on the type of fitting and suspension preference. (Wool and A-Plus will shrink more than Soft Sock.) The patient should not have to pull the sock too taut.

### SOCKS ARE SIZED IN FLAT MEASUREMENTS

i.e. half the circumference measurement (less 5% to give a snug fit) for top and toe—then matching those figures to the closest comparable size measurements in all the charts



#### General Measurement Instructions:

To provide the proper fitting prosthetic sock for your patient, it is important that a correct measurement be made. There are three basic measurements that are necessary for a proper fitting prosthetic sock: length, top width and toe width.

**A–B MEASUREMENT (Top Width)** — Should be taken from top left corner of sock lying flat to top right corner and correspond to 1/2 the circumference measurement at the point where the top of the sock should be on the leg or arm.

**C–D MEASUREMENT (Length)** — Should be taken from top of sock lying flat to bottom of toe and should correspond to the length from distal to where top of sock should come.

**E–F MEASUREMENT (Toe Width)** — Should be taken from left side of sock lying flat, perpendicular to toe fashionings, to right side of sock and should correspond to 1/2 the circumference 2" up from the distal end of the limb.

**REMEMBER:** A proper measurement means a correct fitting prosthetic sock for your patient.

#### Standard Sizing Guidelines

Knit-Rite Prosthetic Sock	Top Width	Toe Width
Size No. 0	6" (15cm)	3.50" (9cm)
Size No. 1	7" (17.5cm)	4" (10cm)
Size No. 2	8" (20cm)	5" (12.5cm) [over 24" (60cm) length 4" (10cm)]
Size No. 3	9" (23cm)	6" (15cm) [over 20" (50cm) length 5.50" (14cm)]
Size No. 4	10" (25cm)	7" (17.5cm) [over 20" (50cm) length 6" (15cm)]
Size No. 5	11" (27.5cm)	7" (17.5cm) [over 18" (45cm) length 5.50" (14cm)]
Size No. 6	12" (30cm)	8" (20cm) [over 18" (45cm) length 6" (15cm)]

Knit-Rite Arm Sock	Top Width	Toe Width
Knit-Rite Size A; VA Size Arm 0	4" (10cm)	3" (7.5cm)
Knit-Rite Size B; VA Size Arm 1	5.50" (14cm)	3.50" (9cm)

Sterling Prosthetic Socks have some variation from Knit-Rite sizing.

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